



# Travel longer

Live and work from anywhere checklist

**Travel longer.**

**Live & work from anywhere...**

It's the dream, for sure. But how do you prepare now for remote work or expat life in another country?

We are Sarah & Cooper, publishers of [Travel Live Learn](#) (web & YouTube) and we have moved abroad to live and work three times over the past 13 years. Our global life spans Australia, the UK, and North America.

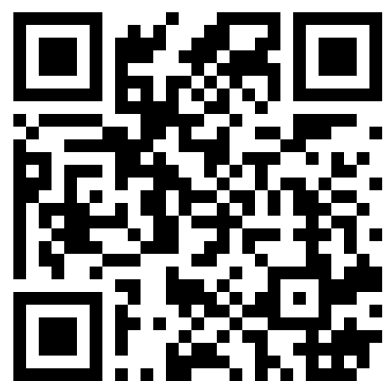
Let us guide you with our top 5 checklist off the back of our own personal experience. This is our advice on what you should do NOW, so you're ready to fly as soon as the time is right.



**Sarah  
Blinco**



**Cooper  
Dawson**



# 1. Get into house sitting!

House and pet sitting is an awesome way to experience different parts of the world while saving on accommodation.



25% OFF



1

Start here:

Seek sits in your local area now

Build experience and reviews

Learn all you can about pet care

2

Listen to the 'Freedom and Four Paws' podcast for all the info you need to know about getting started. Visit: [tinyurl.com/FAFP-podcast](https://tinyurl.com/FAFP-podcast)



## 2. Save points and discounts NOW



1

Accrue airline and credit card points

3

Join travel incentive/rewards programs e.g. Booking.com

2

Make use of cash-back bank deals and websites

4

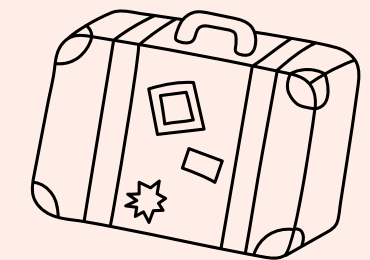
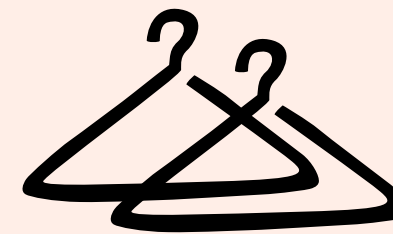
Use your employee workplace rewards program if you can

If you wish to live and work from anywhere, 'minimalism' is your best friend. But it takes practice. Start today:

- 1 Declutter and donate
- 2 Buy only what you need - save for experiences, not stuff
- 3 Pack your suitcase, then halve the contents and pack it again
- 4 Invest in timeless wardrobe staples (not trends) to take everywhere
- 5 Digitize books, magazine or note clippings, DVDs, music etc.

## 3. Live minimalist

In life and in travel:  
make it a habit



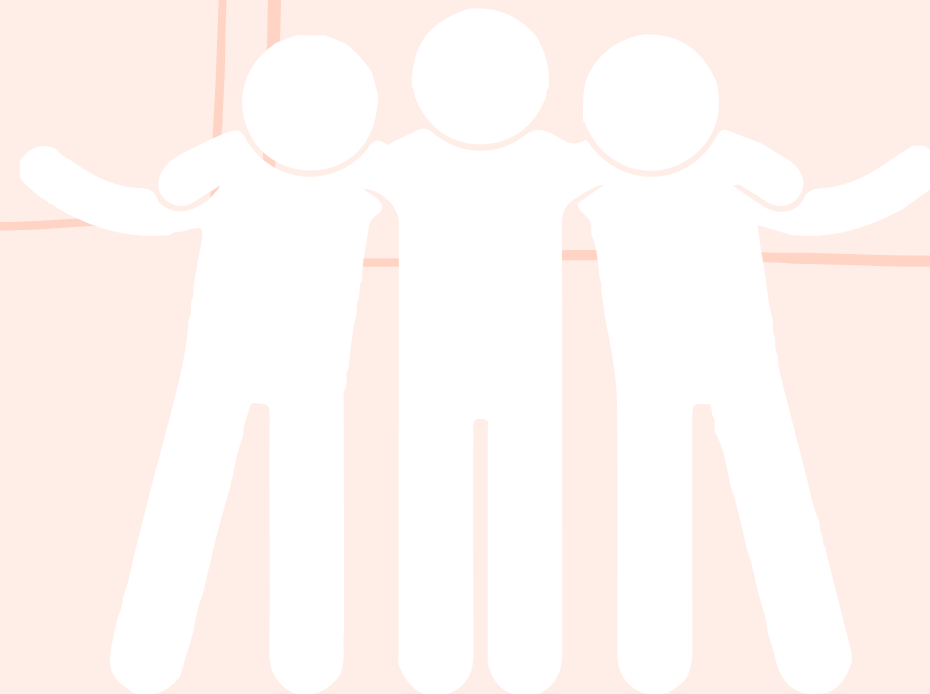
# 4. Connect with your tribe

## In person

- ✓ Attend a conference or event where like-minded people will be, e.g. Running Remote or TBEX.
- ✓ Be mindful of negative people in your life who don't support your aspirations. Surround yourself with 'can do' friends.
- ✓ Invest in a coach or mentor to support your growth and success mindset.

## Online

- ✓ Join online groups where you're interacting with people who talk about making similar dreams a reality.
- ✓ Spend time listening to podcasts, and engaging on YouTube + TikTok profiles where people are living the life you desire.



# 5. Seek expert advice on finances

Consult with your bank, an accountant and/or financial advisor to talk about the best ways to set yourself up financially now and in the future! This advice is pertinent for ALL ages.



1

Engaging an expert can set you up for life no matter where you are living.

Savings plans

Insurance & investments

Manage debt

2

You can automate much of this while you travel or live abroad. Talk to a professional about how to make your money work for you and your dreams.



# Where to next?

1. Subscribe for inspiring weekly content about living and working abroad:  
[YouTube.com/travellivelearn](https://www.youtube.com/travellivelearn)
2. Follow [travellivelearn.com](https://travellivelearn.com) and find us on social media :)
3. Contact: [info@travellivelearn.com](mailto:info@travellivelearn.com)  
for mentoring, coaching or  
[check here](#) for more ways to work with us.